

# 32.Rieslinglauf und 7. Rheingauer Halbmarathon - 03.08.2014

21,1 km Lauf

11:46:58

## Gesamteinlauf

| Pl.(total) | Pl.(M/W) | Pl.(AK) | AK   | StartNr | Name                   | Verein                                  | Zeit        |
|------------|----------|---------|------|---------|------------------------|---|-------------|
| 1          | 1        | 1       | M HK | 301     | Julian Flügel          | Asics Frontrunners                      | 01:10:53,85 |
| 2          | 2        | 1       | M 45 | 386     | Martin Schneider       | TV Breckenheim                          | 01:23:24,79 |
| 3          | 3        | 1       | M 35 | 370     | Thorsten Müller        | OMT Kähofen                             | 01:24:08,96 |
| 4          | 4        | 2       | M 45 | 359     | Sven Löschengruber     | LT Hanau/ Bruchköbel                    | 01:25:29,17 |
| 5          | 5        | 2       | M 35 | 400     | Alexander Rat          | sto gramm                               | 01:26:13,03 |
| 6          | 6        | 1       | M 40 | 377     | Thorsten Weber         | SC Gladenbach                           | 01:26:48,04 |
| 7          | 1        | 1       | W 30 | 346     | Sabine Schmitt         | Run <sup>2</sup> by Runners Point Mainz | 01:27:15,91 |
| 8          | 7        | 1       | M 50 | 410     | Klaus Weirich          | TSV Friedberg Fauerbach                 | 01:27:43,08 |
| 9          | 8        | 1       | M 30 | 311     | Michael Pretsch        | Passtschon98                            | 01:29:11,99 |
| 10         | 9        | 3       | M 45 | 341     | Bodo Lange             | LG Laacher See                          | 01:31:36,48 |
| 11         | 10       | 4       | M 45 | 322     | Dirk Degenhardt        |   | 01:31:40,94 |
| 12         | 11       | 3       | M 35 | 347     | Michael Kilb           |   | 01:32:45,86 |
| 13         | 12       | 5       | M 45 | 374     | Jürgen Schneider       | TV 1888 Lorch/Rhein                     | 01:33:02,98 |
| 14         | 13       | 2       | M 50 | 401     | Sigmund Bieniek        | TG Naurod                               | 01:35:00,60 |
| 15         | 14       | 6       | M 45 | 389     | Roland Groß            | TV Okriftel                             | 01:35:46,86 |
| 16         | 15       | 4       | M 35 | 344     | Thomas Wehner          | Seebach                                 | 01:36:25,13 |
| 17         | 16       | 7       | M 45 | 376     | Uwe Müller             | TV Gladenbach                           | 01:36:57,80 |
| 18         | 2        | 1       | W 40 | 382     | Birgitt Bohn           | Spiridon Frankfurt                      | 01:37:20,41 |
| 19         | 17       | 8       | M 45 | 383     | Martin Peiffer         | Spiridon Frankfurt                      | 01:37:21,40 |
| 20         | 18       | 5       | M 35 | 339     | Gordon Wittayer        |   | 01:38:01,11 |
| 21         | 19       | 3       | M 50 | 302     | Martin Roos            | TV Hattenheim                           | 01:38:08,35 |
| 22         | 20       | 2       | M 40 | 320     | Alexander Holl         |   | 01:38:10,87 |
| 23         | 3        | 2       | W 40 | 398     | Kim Mess               | TV Gladenbach                           | 01:38:17,87 |
| 24         | 21       | 1       | M 70 | 403     | Klaus Wagner           | LG BSV                                  | 01:38:23,42 |
| 25         | 22       | 3       | M 40 | 333     | Daniel Vorgrimler      | LT Schlangenbad                         | 01:38:59,88 |
| 26         | 23       | 6       | M 35 | 318     | Alexander Kühne        |   | 01:39:05,11 |
| 27         | 24       | 4       | M 40 | 357     | patrick pesch          |   | 01:39:09,96 |
| 28         | 25       | 9       | M 45 | 407     | Philipp Crass          | MTV Kronberg Triathlon                  | 01:39:44,12 |
| 29         | 26       | 1       | M 55 | 321     | Hermann Heyl           | Droste Running Team<br>Freiburg         | 01:40:23,19 |
| 30         | 27       | 1       | M 65 | 394     | Dr. Jürgen Werner      | TV Bad Schwalbach                       | 01:40:28,17 |
| 31         | 4        | 1       | W 50 | 348     | Elke Gärtner           | LC Olympia Wiesbaden                    | 01:40:28,68 |
| 32         | 28       | 10      | M 45 | 331     | Karsten Fleischhauer   |   | 01:40:53,13 |
| 33         | 29       | 11      | M 45 | 375     | Arne Lingk             |   | 01:41:04,59 |
| 34         | 30       | 7       | M 35 | 355     | Torsten Pradel         |   | 01:42:39,80 |
| 35         | 5        | 2       | W 50 | 332     | Judith Scheifler       | LG BSN                                  | 01:43:19,07 |
| 36         | 31       | 8       | M 35 | 304     | Marco Mayer            |   | 01:43:40,76 |
| 37         | 32       | 4       | M 50 | 390     | Norbert Arend          | Tuspo Borken                            | 01:44:04,47 |
| 38         | 33       | 2       | M 55 | 366     | Erich Binzel           | Gutenberg-Marathon-Club<br>Mainz        | 01:44:38,56 |
| 39         | 34       | 1       | M 60 | 334     | Peter Pogoda           | TVHahn1903 eV                           | 01:45:48,11 |
| 40         | 35       | 5       | M 50 | 350     | Dietmar Kluge          | TV Wallau                               | 01:46:11,15 |
| 41         | 36       | 5       | M 40 | 361     | Uwe Ragnit             |   | 01:46:18,92 |
| 42         | 37       | 6       | M 40 | 384     | Frank Schmiedchen      |   | 01:46:25,02 |
| 43         | 38       | 6       | M 50 | 323     | Gisbert Bammert        | LC Olympia Wiesbaden                    | 01:46:25,77 |
| 44         | 39       | 7       | M 50 | 406     | Klaus Rößler           | TV 1888 Lorch/Rhein                     | 01:46:28,37 |
| 45         | 6        | 3       | W 50 | 378     | Judith Sigriest        |   | 01:46:38,90 |
| 46         | 40       | 7       | M 40 | 338     | Filippo La Manna       |   | 01:47:02,48 |
| 47         | 41       | 9       | M 35 | 354     | Andreas Traut          | sto gramm                               | 01:48:21,71 |
| 48         | 42       | 8       | M 40 | 371     | Andreas Dohr           |   | 01:48:26,94 |
| 49         | 7        | 4       | W 50 | 402     | Frauke Bastady-Bieneck | TG Naurod                               | 01:48:35,05 |
| 50         | 43       | 2       | M 30 | 316     | Robert Sommer          |   | 01:49:11,92 |
| 51         | 44       | 12      | M 45 | 392     | Daniel Perrone         |   | 01:49:56,82 |
| 52         | 45       | 13      | M 45 | 312     | Jörg Owtschinikow      | Marathonprojekt Darmstadt               | 01:51:15,79 |
| 53         | 46       | 14      | M 45 | 391     | Oliver Podebrad        |   | 01:51:29,04 |
| 54         | 47       | 3       | M 55 | 349     | Roland Ernst           | LC Olympia Wiesbaden                    | 01:52:00,91 |
| 55         | 48       | 9       | M 40 | 399     | Jens Wolfram           | TV Gladenbach                           | 01:52:14,46 |
| 56         | 49       | 10      | M 35 | 324     | Viorel Dima            |   | 01:52:36,71 |
| 57         | 50       | 4       | M 55 | 329     | Uwe Gartmann           | TV Hattenheim                           | 01:52:46,43 |
| 58         | 51       | 10      | M 40 | 335     | Nils Stoevesand        |   | 01:53:17,80 |
| 59         | 52       | 8       | M 50 | 336     | Ralf Schrader          |   | 01:53:18,08 |
| 60         | 53       | 11      | M 35 | 397     | Andreas Richter        |   | 01:53:24,95 |
| 61         | 54       | 15      | M 45 | 307     | Michael Niemann        | Moritzbuben                             | 01:53:35,65 |
| 62         | 55       | 12      | M 35 | 388     | Tobias Friedberg       |   | 01:53:52,79 |
| 63         | 56       | 3       | M 30 | 387     | Peter Körner           |   | 01:53:52,80 |

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|------------|----------|---------|------|---------|------------------------|----------------------|-------------|
| 64         | 57       | 16      | M 45 | 356     | Robert Mohs            |                      | 01:54:12,84 |
| 65         | 58       | 11      | M 40 | 308     | André Schlichting      |                      | 01:54:45,84 |
| 66         | 59       | 13      | M 35 | 367     | Christian Budniok      |                      | 01:55:17,94 |
| 67         | 60       | 9       | M 50 | 411     | Ricardo Viana          | Kryorunners          | 01:55:49,53 |
| 68         | 61       | 4       | M 30 | 306     | Witali Ott             | Eschborn             | 01:55:49,60 |
| 69         | 8        | 2       | W 30 | 409     | Camille Mc Cue         |                      | 01:57:24,43 |
| 70         | 62       | 17      | M 45 | 362     | Holger Wenzel          |                      | 01:57:45,66 |
| 71         | 63       | 18      | M 45 | 315     | Jens Dreier            | -                    | 01:58:19,73 |
| 72         | 64       | 14      | M 35 | 303     | Steven Kalonji Kasongo |                      | 01:58:25,65 |
| 73         | 65       | 12      | M 40 | 380     | Frank Holl             |                      | 01:59:24,37 |
| 74         | 66       | 5       | M 30 | 363     | Joachim Wiese          |                      | 01:59:58,49 |
| 75         | 67       | 19      | M 45 | 393     | Takao Azuma            |                      | 02:00:13,52 |
| 76         | 68       | 10      | M 50 | 396     | Stefan Gies            |                      | 02:00:15,49 |
| 77         | 69       | 6       | M 30 | 319     | Amir Lotfikish         |                      | 02:00:45,51 |
| 78         | 70       | 5       | M 55 | 364     | Klaus Korell           | MTP Hersbruck        | 02:01:01,29 |
| 79         | 71       | 2       | M 60 | 408     | Reiner Kreuzberger     | TV 1888 Lorch/Rhein  | 02:01:51,65 |
| 80         | 72       | 13      | M 40 | 353     | Markus-Steffen Haar    | EDA Wiesbaden        | 02:02:35,49 |
| 81         | 73       | 11      | M 50 | 343     | Manfred Peter Kutscher | Health Miles         | 02:03:48,04 |
| 82         | 74       | 7       | M 30 | 365     | Sebastian Droßel       |                      | 02:03:49,05 |
| 83         | 9        | 5       | W 50 | 369     | Beate Ritter           | MTP Hersbruck        | 02:04:12,73 |
| 84         | 75       | 8       | M 30 | 326     | Michael Hacker-Heller  |                      | 02:04:16,19 |
| 85         | 76       | 6       | M 55 | 310     | Christoph Britz        | LT Winkel            | 02:04:56,73 |
| 86         | 77       | 15      | M 35 | 395     | Frank Eric Heger       |                      | 02:06:48,11 |
| 87         | 10       | 3       | W 40 | 358     | Kathrin Löschengruber  | LT Hanau/ Bruchköbel | 02:07:08,62 |
| 88         | 11       | 1       | W 35 | 373     | Sandra Zell            | TV Lorch             | 02:08:01,30 |
| 89         | 78       | 14      | M 40 | 360     | Marco Burk             |                      | 02:08:40,68 |
| 90         | 79       | 9       | M 30 | 309     | Robin Riedel           |                      | 02:08:47,97 |
| 91         | 12       | 6       | W 50 | 340     | Petra Pausch-Massing   |                      | 02:10:23,67 |
| 92         | 80       | 15      | M 40 | 337     | Thomas Köhler          |                      | 02:10:28,35 |
| 93         | 81       | 20      | M 45 | 385     | Klaus Fendel           | TS Kiedrich          | 02:11:01,12 |
| 94         | 82       | 12      | M 50 | 313     | Gerald Shishido        | Katipuneros          | 02:12:37,10 |
| 95         | 83       | 16      | M 40 | 330     | Alexander Schneider    |                      | 02:16:26,67 |
| 96         | 84       | 21      | M 45 | 314     | René Zingler           | Köln-Nippes          | 02:16:27,66 |
| 97         | 13       | 1       | W HK | 368     | Laura Simon            |                      | 02:17:08,65 |
| 98         | 85       | 16      | M 35 | 305     | Marcus Keidl           | TG Mittelheim        | 02:17:36,06 |
| 99         | 86       | 22      | M 45 | 352     | Roland Merkt           |                      | 02:18:35,38 |
| 100        | 87       | 13      | M 50 | 379     | Hanns-Jochen Sigriest  | TSV Watzhahn         | 02:20:51,96 |